

**FREE
MENTAL
HEALTH
COUNSELING**

**EMOTIONAL
WELLNESS**

**GRIEF
SUPPORT**

**COVID-19
RELATED
LOSSES**

The Philly HopeLine is a free, confidential helpline sponsored by Uplift Center for Grieving Children and the School District of Philadelphia. It is staffed by Master's level clinicians from Uplift, and is open to all Philadelphia students and families.

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THE SCHOOL DISTRICT OF
PHILADELPHIA



[upliftphilly.com/philly-hopeline](https://www.upliftphilly.com/philly-hopeline)

Whatever your question,
hope is just a call away.



**Philly
HopeLine**

CALL OR TEXT FOR FREE

**1-833-PHL-HOPE
(1-833-745-4673)**

HOPELINE HOURS

Mondays - Fridays 10 a.m. - 8 p.m.
Holidays 12 p.m. - 4 p.m.

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